



## Dudes, Change Your Ways in 90 Days

By Jack Benza

First Edition Design eBook Publishing. Paperback. Book Condition: New. Paperback. 144 pages. Dimensions: 8.0in. x 5.0in. x 0.3in. This new program is rapidly catching on and it is allowing people to find their creativity and quit any bad habits such as drinking, smoking, drugs, gambling, losing weight and my favorite stop - spending unwisely. The heart of this program is the Redemption Bracelet, which people are proudly wearing during and after the process. The bracelet is not something you buy, it is something you create! Any person who drinks, smokes, gambles, does recreational drugs, wants to lose weight, wants to make more money, find a perfect mate, or even inspire themselves in any way creatively, this program is for you. This process helps people get control back in their life. My program, which has been tested and approved, by many success stories, is a trial process when you temporarily stop all the bad habits in your life, and you live without them for 90 Days. Tools are provided in the beginning consisting of the Redemption Bracelet which signifies each day you are on, the journal which is used for self-reflection, the old Number 7 box which is used for the financial...



## Reviews

This ebook is wonderful. I have got go through and so i am certain that i am going to likely to read through once again again later on. You will like the way the article writer compose this ebook.

-- Miss Ariane Mraz

This pdf will not be simple to start on reading through but extremely enjoyable to see. I have read and i also am sure that i will planning to read through again once more in the foreseeable future. You wont really feel monotony at whenever you want of the time (that's what catalogues are for relating to if you request me).

-- Mallory Kertzmann V