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It Works!**
The Science Behind
12 Step Recovery



Joseph Nowinski, Ph.D.

Perseus Distribution Services, 2015. Paperback. Book Condition: New. 13.97 x 21.59 cm. " Since the publication of Alcoholics Anonymous in 1939, the Twelve Steps have been central to staying sober for millions of people around the world. Countless recovery and treatment organizations have adopted the Steps as their program for abstaining from addictive behaviors. But recently a growing chorus of critics has questioned the science behind this model. In this book, Nowinski calls upon the latest research, as well as...

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- Authored by Nowinski, Joseph, Ph.d.
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