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## Victim to Survivor and Thriver: Carole s Story (Paperback)

By Barbara Harris Whitfield

Muse House Press/Pennington, United States, 2011. Paperback. Book Condition: New. 224 x 152 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.Victim To Survivor and Thriver: Carole s Story Hope for survivors of childhood trauma, abuse or neglect. By Barbara Harris Whitfield Carole was a victim of repeated child abuse. Her story demonstrates the deep healing that is possible with knowledge, the courage to face buried pain, and the love of safe others. Her riveting true story is intertwined with my life and that of my husband Charles Whitfield, MD (author of the bestselling Healing the Child Within). This is our story, too, of walking together with Carole along her path of recovery. As you read, you will learn how Carole transformed her suffering and loss, a less-than life- into joy for living and even serenity. This is not a fictional account, nor has it been scrubbed clean of the horrors of living with childhood abuse and neglect. In fact, Carole s story contains a depth of sadness that only the adults that were repeatedly abused as children may understand. Carole broke through --awoke-- to find joy and laughter mixed with the tears of her realizations and...



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